

Connecticut Crisis Resources		
<u>ACTION Line</u>	ACTION (Adult Crisis Telephone Intervention and Options Network) is a crisis line for adults over 18 who are experiencing emotional distress or a mental health and/or substance use/addiction crisis.	1-800-HOPE-135 (1-800-467-3135)
<u>Access Line</u>	A crisis line for 24/7 access to substance use treatment, including detox and transportation.	1-800-563-4086
<u>EMPS Mobile Crisis Intervention Services for Youth</u>	Many different agencies throughout Connecticut use the same number for the mobile health response team and then will take the child to the correct facility. The number "211" can be used for all services.	211
<u>Middlesex County 24-Hour Crisis Hotline</u>	A 24-hour mental health crisis hotline that's affiliated with River Valley Services, which is operated by the State of CT Department of Mental Health and Addiction Services (DMHAS). RVS's goal is to provide high quality crisis intervention, case management, and residential and clinical services to adult citizens, over 18 years, who suffer from serious mental disorders and who lack the financial means to secure such services in the private sector.	1-860-344-2100
<u>United Services</u>	Trained clinicians are available by telephone 24 hours a day, 7 days a week to provide emergency mental health services for children and adults in psychiatric crises.	1- 860-774-2020 (Dayville) 1-860-456-2261 (Willimantic)
<u>Safe Haven of Greater Waterbury</u>	Safe Haven provides crisis intervention to any victim of domestic violence or sexual assault. Services include emergency shelter, individual and group counseling, accompaniment to hospitals, legal advocacy for both civil and criminal matters, counseling and advocacy for children, information and referral, and community education.	Domestic Violence 24/7 Hotline: 1-203-575-0036 Sexual Assault 24/7 Hotline: 1-203-753-3613
<u>Susan B. Anthony Crisis Line</u>	The Susan B. Anthony Project's 24-hour hotline. A trained counselor will answer and can offer support, answer questions, help you develop a safety plan, offer other Susan B. Anthony Project services, or provide referrals to someone else who can help.	1-860-482-7133
<u>Connecticut Department of Mental Health and Addiction Services:</u> A comprehensive list of programs and services, including crisis services, in the state.		