

Massachusetts Crisis Resources		
<u>Samaritans Statewide Helpline</u>	The Samaritans Statewide Helpline is available to anyone in Massachusetts who needs emotional support. Anyone can call or text the helpline to receive help from specially trained volunteers.	1-877-870-4673
<u>Samaritans Southcoast</u>	Samaritans is the largest suicide prevention hotline in the southcoast region of Massachusetts.	1-866-508-HELP 1-866-508-4357
<u>Emergency Services Program Mobile Crisis Intervention</u>	If you or a family member are experiencing a mental health or substance use disorder crisis, the Emergency Services Program/Mobile Crisis Intervention (ESP/MCI) is available 24 hours a day, 7 days a week, 365 days a year.	1-877-382-1609
<u>New Hope</u>	New Hope works throughout South-Central and Southeastern Massachusetts with those affected by domestic and sexual violence. By building an anti-violence movement, New Hope seeks to create communities free from violence, where individuals and families can achieve their full human potential.	1-800-323-HOPE
<u>COMPASS Helpline</u>	The COMPASS Helpline at NAMI Massachusetts provides information and resources to help people navigate the mental health system and related systems of care, and problem solve in difficult circumstances. COMPASS is staffed by people with experience navigating the system for themselves or a family member.	1-617-704-6264 1-800-370-9085
<p align="center"><u>Mass.gov's Resources for Children and Families:</u> Suicide prevention, domestic violence, and other crisis hotlines for youth, young adults, and their friends and families.</p>		